



International **Yoga** Day



Sunday, 21 June 2015  
National Museum, New Delhi

## Programmes

Guided Tour : 10:30 am and 2:30 pm

### ***Depiction of Yoga in Indian Art***

Join the free guided tours for children and families  
Entry with museum ticket

Assemble 5 minutes before time near NM-Reception

Film Show : 11:30 am

### ***Yoga - The Path of my Ancestors***

Screening of a film directed by Dr. Deepika Kothari &  
produced by Vishuddhi Films, Mumbai. Entry Free  
NM Auditorium

Yoga Session : 9:30 am to 10:30 am

***Only for NM-Staff and Volunteers***

One hour Yoga session for NM-staff and volunteers

Rear Lawn, National Museum, New Delhi