



Laxmi Narsimha temple, Hampi

अंतर्राष्ट्रीय
योग
दिवस
21 जून, 2020



Nehru Science Centre
National Council of Science Museums,
Ministry of Culture, Govt. of India
in collaboration with
Iyengar Yogashraya, Mumbai
& Vishuddhi Films, Mumbai
cordially invites you to the celebration of

International Day of
पुरुषोत्तम
21st June, 2020

Lockdown Interaction

Watch LIVE

<https://www.youtube.com/c/NSCMumbai>

on NSC's

YouTube
Channel

Programme Schedule:

Historicity of Yoga

through the lens of

Art, Architecture, Culture and Spirituality

An interaction with

Dr. Rajvi Mehta

an exponent of Iyengar Yoga,
Iyengar Yogashraya, Mumbai

&

Dr. Deepika Kothari

Producer, Vishuddhi Films, Mumbai

on 18th June, Thursday, at 5:00 PM

Yoga at Home and Yoga with Family

Under the guidance of

Shri Jawahar Banger,
Iyengar Yogashraya, Mumbai

on 19th June, Friday at 10:30 AM

Organised by

NEHRU SCIENCE CENTRE

(National Council of Science Museums, Ministry of Culture, Govt. of India)

Dr. E. Moses Road, Worli, Mumbai- 400 018, Email: nscm.edu@gmail.com.

Web: www.nehrusciencecentre.gov.in, Tel: 022-2493 2667 / 2492 0482

